

## **Level Three Bioesthetic Dentistry**

### **Optimal functionality and a beautiful smile**

Level Three addresses the alignment of the entire chewing system. By aligning the system, the optimal size, shape, and position of the teeth and smile can be attained. Using Bioesthetic principles as measurement standards, an analysis is done to determine how to align your jaw and teeth. Once aligned, the dental procedures used in Level Two are used to rejuvenate the teeth, restoring them to their original size and shape. Many people choose Level Three to maintain tooth stability and beauty into their advanced years. Others have chosen Level Three to end their head and neck pain permanently.

### **Here are the answers to some common questions**

#### **Why are you qualified to restore my teeth with Level Three principles?**

Since 2007, I have been practicing Bioesthetic dentistry. Though many general dentists and orthodontists have tried to treat TMJ and related issues, not until the discovery of the principles of Bioesthetic dentistry have these issues been resolved with great success. They are based on nature's optimal model for dental health.

#### **What are these principles?**

First, the jaw joint must be aligned properly. Without proper alignment, teeth become worn and cracked, facial muscles tighten, jaws hurt and causing headaches, neck and back pain. Second, the front teeth must be properly aligned with the other teeth to guide the dental system into its correct position with the jaw. The front teeth must have proper form so that they fit together well for chewing. When these principles are adhered to the results will be long lasting.

#### **Do patients really appear younger after completing Level Three?**

Patients look like they have had a facelift because a correct restoration allows the facial muscles to relax which lifts the eyes and mouth instead of them being engaged to assist with incorrect jaw and tooth alignment. When the jaw and teeth return to their proper position, so do the facial muscles, allowing the face to appear younger and the eyes more open.

#### **What is involved in the treatment and how do I begin?**

We begin with an in-depth interview and bite study. The next step is to stabilize your jaw through the wearing of an appliance which is worn daily. Once it is stabilized into its natural position, the real diagnosis can begin and the actual restoration can be planned.

The restoration involves standard dental procedures such as crowns and tooth build up which will create a stable bite to the specifications of Level Three principles

#### **Can I really get rid of my jaw and head pain permanently this way?**

Yes. Wearing the appliance ends the pain very quickly because misalignment of the jaw causes much of the pain you might be experiencing. Once your pain is eliminated, the restoration phase can begin to create permanent, pain-free stability. The elimination of pain cannot be guaranteed completely as there might be other factors involved including neck and back misalignment and other healthy factors. Yet in most cases, head and neck pain never returns.

**How do I decide if this is right for me?**

You should go to the Bioesthetic section of this website and review the information and view the 10-minute video about patients whose lives were changed by this treatment. Then watch the **New patient bite study** by clicking on ***Bioesthetic Process*** at the bottom the page to find the link to my video consultation.

**What is my next step after that?**

Your next step is to call Suzanne to make an appointment for a complimentary consultation and bite study.

I have been practicing this dental specialty for several years now and have great respect for its results. If you want to build a smile based on optimal health, Level Three would be the level for you to consider. Let's meet. The consultation is on me.

To your beautiful smile,

**Dr. Mark**