

## **Level Four**

### **Facial and dental beauty**

As Level Three addressed bite alignment and tooth restoration, **Level Four** takes the restoration of facial beauty and health to its ultimate level.

Level Four starts with a full analysis of the form of your face. By looking at your profile, we can determine how your teeth and jaws are situated with respect to the rest of your head and face. Looking from the front, the symmetry of your face is accessed, as well as the relationship of your lips to your smile. This analysis also determines the position of your teeth related to your lips. Also, the fullness of the lips can be increased by the tooth form underneath.

From this thorough analysis, the proper position for your chewing system can be determined. Through this positioning, both beauty and function can be optimally restored to last your entire life.

### **Answers to commonly asked questions**

**Isn't plastic surgery a better solution? Would I have to do both? Please explain.**

With the Level Four experience, your entire face is being addressed, with an emphasis on the lower face. If you are considering plastic surgery, it would be wise to have a bioesthetic consultation first to address your concerns. Optimal jaw alignment can often affect the entire presentation of the face. Plastic surgery could be eliminated or reduced based on the outcome of the optimal alignment of the jaw and teeth.

**I have heard nose and chin surgery do the same thing. What does this have to do with dentistry?**

Bioesthetic dentistry addresses the muscular tone of the facial muscles. These muscles relax, through treatment, and can often change the shape of a nose. Plastic surgery changes the skin and bones without addressing the muscular tone.

**I just want to be pretty. Can't I just have silicone injected into my lips?**

Yes, you can. However, the loss of tooth structure is actually responsible for some loss of lip fullness. By replacing the worn tooth structure, lip fullness is regained and will stay that way.

**Is this something new?** The concepts addressed in Level Four are not new, but using the Bioesthetic principles to attain these ideals is new. A method now exists to create optimal health and function, and at the same time create beauty that lasts.

**Why would anyone want to go this far?** It is all about what you value. Some people value their looks and health. Level Four is a way to attain facial beauty and balance.

To your beautiful smile,

**Dr. Mark**